

ZAMBIA NUTRITION PROJECT

Issues Identified

1. Stunting - severely short for age
2. Poor nutrition leading to inability to fight disease
3. Reduced school performance
4. Reduced economic productivity as adults



What we know

We now know that the First Thousand Days of life, including pregnancy are critical in achieving maximum physical and mental health in adulthood.



Next Steps

1. We plan to address the issues by working with local health professionals in training local senior women to teach mothers how to feed their children.
2. Continue our progress by providing water and agricultural projects in Southern Province Zambia. A coalition of Rotarians, Canadians, private individuals, University of Nebraska professors and First Plymouth Church have been working in Zambia since 2003 to make for better lives.



How can you help?

Are you technically adept? Help us by plotting growth data
Join a travel team in 2019
Become "our boots on the ground"
Help raise funds
Contribute financially

For more information contact: Chuck Erickson (cerickson2003@gmail.com)